Getting Started in Multidisciplinary / Team Based Research

Stephen B. Kritchevsky

twitter: @agingup agingreport.wordpress.com

U19 Early Career Workshop February 1, 2019

Who has Been on a Multidisciplinary Research or Implementation Team?



Ursus Wehrli



Kandinskys Roten Fleck aufräumen



Ursus Wehrli

Be Mindful of the Culture and Constraints of Potential Collaborators

- What constitutes academic success
- How does research in the area typically unfold
 - Cycle time, typical kinds of resources that need to be supported.
- What constitutes rigorous research

- How does this play out for non-academic collaborators?
 - Where is your collaborator in their power hierarchy?

Participating in Fields that Aren't Your Own

- Implicit Knowledge Some assertions everyone accepts as established – some assertions need evidence and logic
- The precise use of words / terms
- How are measures developed and validated

Starting as a Multidisciplinary Team Member

- Learn about the fields you're working with
- Be prepared to explain what you take as accepted knowledge -Educate without condescending
- Do not overreact to different methodological strategies
- Ask "stupid" questions to understand accepted knowledge in other fields
- Either elicit or be expressive of:
 - Long-term payoff and check that all are aligned to the long-term vision;
 - The roles and relationships you are expecting (e.g. partnership, work for hire)
 - How will credit be given & shared

Team Building

Building a team

- What is the team supposed to do?
- What kind of team do you need?
- How do you recruit team members?

- Developing a shared mental model
- What do you do at the first meeting or two? (RCCN-aging.org webinar January 25th on team chartering).

Sustaining momentum and engendering continued team commitment.

Habits of dysfunctional teams (Patrick Lencioni)

- Lack of Trust
- Fear of Conflict
- Lack of Commitment
- Avoidance of Accountability
- Inattention to Results

Thank you

A Plug for: Research Centers Collaborative Network (RCCN-aging.org)